



JULY INDOOR POOL HOURS

MON	6AM – 11AM 11AM-12PM 12PM – 4PM 4PM – 6PM 6PM – 7:45PM	6 lanes open Suspension Class double wide, 4 lanes open PROACTION PT 1 lane, 5 lanes open SWIM LESSONS double wide, 4 lanes open 6 lanes open
TUE	6AM – 11AM 11AM – 12PM 12PM – 4PM 4PM – 6PM 6PM – 7:45PM	6 lanes open AQUA AEROBICS quadruple wide, 2 lanes open 6 lanes open FAMILY SWIM triple wide, 3 lanes open 6 lanes open
WED	6AM – 10:30AM 10:30AM – 2:30PM 2:30PM – 4PM 4PM – 6PM 6PM – 7:45PM	6 lanes open PROACTION PT 1 lane, 5 lanes open 6 lanes open FAMILY SWIM triple wide, 3 lanes open 6 lanes open
THU	6AM – 11AM 11AM – 12PM 12PM – 4PM 4PM – 6PM 6PM – 7:45PM	6 lanes open AQUA AEROBICS quadruple wide, 2 lanes open PROACTION PT 1 lane, 5 lanes open SWIM LESSONS double wide, 4 lanes open 6 lanes open
FRI	6AM – 10:30AM 10:30AM – 2:30PM 2:30PM – 4PM 4PM – 6PM 6PM – 7:45PM	6 lanes open PROACTION PT 1 lane, 5 lanes open 6 lanes open FAMILY SWIM triple wide, 3 lanes open 6 lanes open
SAT	7AM – 9:30AM 9:30AM – 10:30AM 10:30PM – 2:30PM 2:30PM – 5PM 5PM – 7:45PM	6 lanes open FAMILY SWIM triple wide, 3 lanes open 6 lanes open SPORTS PLUS 3 lanes, FAMILY SWIM 3 lanes 6 lanes open
SUN	7AM – 9AM 9AM – 11AM 11AM – 12PM 12PM – 2PM 2PM – 3PM 3PM – 4PM 4PM – 7:45PM	6 lanes open SWIM LESSONS triple wide, 3 lanes open CLOSED FOR LESSONS & FAMILY SWIM 6 lanes open SWIM LESSONS triple wide, 3 lanes open FAMILY SWIM triple wide, 3 lanes open 6 lanes open

"lanes open" - These lanes are open to all including lap swimmers, water joggers, private swim lessons.

