

# Programs for Active Adults Around Town

NOVEMBER – DECEMBER 2024  
– JANUARY 2025

Hosted by Coming of Age (CoA)

For more information, call or email:  
301.348.3832 | [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org)



# A MESSAGE FROM CoA

Join me in welcoming Anna Sachs, the new CoA Program & Event Coordinator!

## HIGHLIGHTS THIS FALL INCLUDE:

Nov 6: Ruach & Roll, featuring Daryl Davis, pianist extraordinaire

Nov 21: Annual Knishes & Conversation Luncheon

Dec 4: J-Talks: We are honored to welcome Joan Nathan, award-winning cookbook author



*Frieda Enoch and  
Anna Sachs*

Questions? Please call or email: 301-348-3832 ~or~  
fenoch@benderjccgw.org

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## SIP & SHARE WOMEN CONNECT

1st and 3rd Mondays

1:00PM | FREE

6125 Montrose Road,  
Rockville, MD 20852



The Women Connect club is back at the J for bi-monthly gatherings.

Join us for a hot beverage, a little

something for your sweet-tooth and an engaging conversation!

A warm and welcoming get-together designed exclusively for women seeking connection, camaraderie, and stimulating conversations. Each session provides an opportunity to explore a variety of topics, from life experiences and current events to hobbies, travel, and more. Share your stories, listen to others, and engage in thought-provoking discussions.

Monday, November 4, 18, 2024 | 1:00 PM

Monday, December 2, 16, 2024 | 1:00 PM

Monday, January 6, 27, 2025 | 1:00 PM

*Note: No meeting will be held on January 20 in honor of MLK Day*

## SPECIAL EVENTS @ THE BENDER JCC

### **RUACH AND ROLL: THE STORY OF JEWS IN ROCK MUSIC Concert Featuring Daryl Davis & His 7-Piece Band**



**Wednesday, November 6 | 7:00 – 8:30 PM | \$36**  
**Co-hosted by the Arts & Culture Department**

Join us for a fun, freilach & rockin' concert featuring Daryl Davis, pianist extraordinaire, and his 7-piece band! Enjoy a special evening of story and song, honoring some of the greatest Jewish contributors to rock 'n' roll. Let's groove to the music. Singing & dancing is encouraged!

*\*Light Dessert Reception to follow concert.*

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### **CONCERT: INTERNATIONAL HOLOCAUST REMEMBRANCE DAY**

**Monday, January 27 | 7:00 – 8:30 PM | \$18**

The State of Israel initiated Resolution 60/7 in the UN, to remember and honor the anniversary of the liberation of Auschwitz-Birkenau. In Nov. 2005 International Holocaust Remembrance Day was established.



We commemorate January 27 with this concert, featuring the beautiful music of the Iris Music Trio and guest vocalist, Frieda Enoch. Music is a powerful expression of emotions and experiences, and unites, strengthens and inspires us! We look toward a bright future filled with love, humor and hope, but we will always remember...!

# CINEMA J



## **RUNNING ON SAND**

Hebrew, with subtitles | Narrative | Israel | 1 hour 40 minutes

Nominated for the Israeli Academy Award for Best Film, *Running on Sand* is a feel-good tale of mistaken identity. Aumari, a young Eritrean refugee in the process of being deported, is mistaken for a professional soccer player being brought to Israel to help save the struggling Maccabi Netanya team.

"The movie hits the sweet spot between a truly light-hearted comedy and a real drama, with engaging characters you care about and funny situations, but with a strong narrative and a heartfelt message about treating people with respect, no matter where they are from." Hannah Brown, *The Jerusalem Post*

TWO SCREENINGS:

### **Cinema J Matinee @ Leisure World**

Thursday, November 14 | 1:30-3:30 PM | \$10 in advance/\$12 at the door

Leisure World Clubhouse II (Non-residents are welcome)  
3300 N. Leisure World Blvd., Silver Spring, MD 20906

### **Cinema J @ The Kreeger Auditorium**

Thursday, November 14 | 7:00 – 9:00 PM | \$15

Bender JCC of Greater Washington  
6125 Montrose Rd., Rockville, MD 20852

# CINEMA J



## **CALL ME DANCER**

English, Hindi | Documentary | USA | 1 hour 25 minutes

This uplifting documentary takes us on a magical journey from the streets of Mumbai to the stages of New York. Call Me Dancer is the story of perseverance, rebellion, passion, family, culture, and an unlikely friendship between a street dancer and an Israeli dance master. Call Me Dancer is a Billy Elliott style story that will make you want to jump up from your seat and, yes, dance!

### **TWO SCREENINGS:**

#### **Cinema J Matinee @ Leisure World**

Thursday, January 9 | 1:30-3:30 PM | \$10 in advance/\$12 at the door

Leisure World Clubhouse II (Non-residents are welcome)  
3300 N. Leisure World Blvd., Silver Spring, MD

#### **Cinema J @ The Kreeger Auditorium**

Thursday, January 9 | 7:00 – 9:00 PM | \$15

Bender JCC: 6125 Montrose Rd, Rockville, MD

\*We're honored to have Ms. Pip Gilmour, director of this documentary join us for a short Q&A immediately following the film screening!\*

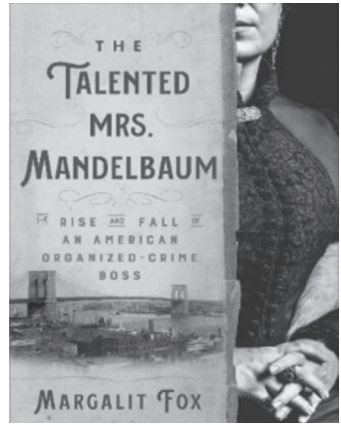
# FOOD 'N' FUN

## KNISHES & CONVERSATION

**Thursday, November 21**  
**12:00 PM**  
**\$45 | RSVP by 11/7/24**

We are honored to welcome in person, author Margalit Fox and we're excited to hear about her new book, "The Talented Mrs. Mandelbaum." She tells

the fascinating, true story of 'Marm' Mandelbaum, who arrived at the port of New York in steerage in 1850 and died as a notorious millionaire and a fugitive of the law nearly 50 years later.



Fox shows how Mandelbaum "was marginalized three times over: immigrant, woman and Jew," but nevertheless became New York's first female crime boss. So how did Mandelbaum go from struggling immigrant to a NYC crime boss 20 years later? It's a tribute to Fox's storytelling talents that this unique and mysterious woman has come to life!

\*With gratitude: We thank the Lessans Family Book Festival for the opportunity to present this Author Talk and Q&A. This book will be available for purchase following author Margalit Fox's presentation.

### **\*But first, let's eat!**

Join us for a delicious, kosher, New York-style deli lunch. Vegetarian options are available.

- Corned beef, pastrami, and hot dogs
- Knishes, pickles, and Dr. Brown's Cream Soda
- Salads and sides
- Babka, black 'n white cookies, halvah, and so much more!

Don't wait, popular program with limited space. Register today!

## J-TALKS

# RECIPES & REMINISCING: A CONVERSATION WITH JOAN NATHAN

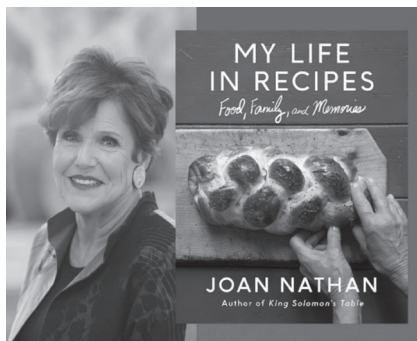
Wednesday | December 4

7:00 – 8:30 PM | \$18

Bender JCC

6125 Montrose Road,  
Rockville

Spend an evening with beloved cookbook author, Joan Nathan! With more than 100 recipes, from roast chicken to rugelach, from matzo-ball soup to challah and brisket, Nathan looks back at her life and family history—and at her personal journey discovering Jewish cuisine from around the world.



Joan Nathan has written twelve cookbooks filled with delicious food and marvelous stories including *Jewish Cooking in America* and *The New American Cooking*, both of which won James Beard Awards and IACP Awards. She is a regular contributor to *The New York Times* and *Tablet Magazine* and has appeared as a guest on numerous radio and television programs including the *Today* show, *Good Morning, America*, *The Martha Stewart Show* and *NPR*.

“There is no greater authority on Jewish cooking than Joan Nathan.” —Michael Solomonov, James Beard award-winning chef and author of *Zahav*

“The Grande Dame of Jewish cooking. . . Nathan is a household name. . . Nathan has often been referred to as the Jewish Julia Child...” —Hannah Goldfield, *The New Yorker*

This book shines with love—love for family, for tradition, and for the meals that bring us together.

A Dessert reception will follow, and an opportunity to buy a signed copy of her books, just in time for Hanukkah!

**OH, THE PLACES YOU'LL GO...**



## ***& JULIET* AT THE KENNEDY CENTER**

**Thursday, January 2 [1:30 Matinee] \$140 (includes orchestra seating and transportation)**

This hilarious new musical flips the script on the greatest love story ever told. *& Juliet* asks: What would have happened if Shakespeare's Juliet had decided to live her life after Romeo dies. Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way.

Join us for a fun, joyful, and excellently performed show at the Kennedy Center!

Note: Before the show, we'll stop at the Café to purchase lunch or bring it from home.

The Kennedy Center Terrace Café offers sandwiches, a salad bar, hot entrees, coffee & wine.

Transportation is provided with two pickup locations:

10:00 AM: Leisure World-Clubhouse II

10:30 AM: Bender JCC [6125 Montrose Road]





**WE'RE GOING BACK TO NEW YORK!**

**2-day Fun & Fabulous Trip to NYC!**

Email [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org) and we'll add your name to the 'want-to-go' list.

Details to come....

# **EXCITING NEW TRIP!**

## **APRIL 22-MAY 1, 2025**

### **HIGHLIGHTS INCLUDE:**

- Athens
- Thessaloniki
- 3-Night Mediterranean Cruise: Santorini, Mykonos, Crete
- Jewish Sites & Lectures
- And So Much More!



### **INTERESTED IN JOINING US?**

Email [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org) to be placed on the 'want-to-go' list.



**GREECE**

## COA POLICIES

- Please register at [www.benderjccgw.org/coa](http://www.benderjccgw.org/coa) or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Please note - programs may sell out before the RSVP date.
- No refunds will be given after the RSVP date.
- **IMPORTANT:** RSVP Dates do not apply for excursions. **No refunds** are available unless your spot can be filled.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org) or at 301-348-3832.

**\*\* If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for excursions\*\***

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

Leta Chen is a social worker from JSSA on the Coming of Age [CoA] team. She is experienced working with seniors and knows resources in our community. She is here to support our CoA members in staying healthy and living independently. If you wish to learn more about how Leta and JSSA can assist you, please join our events to meet her in person or reach out to her directly.



Leta Chen, LMSW  
Jewish Social Service Agency (JSSA)  
240-595-1558 or [Lchen@jssa.org](mailto:Lchen@jssa.org)



**For questions or help with programs, please continue to contact Frieda or Anna at 301-348-3832.**

# REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

3% Fee will be added to all credit card transactions\*

\*\* If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for these events\*\*

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Special Concert: Ruach and Roll w/ Daryl Daviss | Wed. Nov 6

RSVP 10/23 \$36 Due \$ \_\_\_\_\_

'Sip & Share' Women Connect | Mondays: 11/4, 11/18, 12/2; 12/16; 01/6, 01/27

*Registration Requested* FREE

Cinema J Matinee @Leisure World: *Running on Sand* | Thursday, November 14

RSVP 10/31 \$10 in advance/ \$12 day of Due \$ \_\_\_\_\_

Cinema J: @ Bender JCC-Kreeger: *Running on Sand* | Thursday, November 14

RSVP 10/31 \$15 Due \$ \_\_\_\_\_

Food 'n' Fun: Knishes & Conversation | Thursday, November 21

RSVP 11/1 \$45 Due \$ \_\_\_\_\_

J-TALK: with JOAN NATHAN | Wednesday, December 4

RSVP 11/15 \$18 Due \$ \_\_\_\_\_

Excursion: Kennedy Center-& Juliet | Thursday, January 2

RSVP 12/16 \$140 Due \$ \_\_\_\_\_

Cinema J Matinee @Leisure World: *Call Me Dancer* | Thursday, January 9

RSVP 12/26 \$10 in advance/ \$12 day of Due \$ \_\_\_\_\_

Cinema J: @ Bender JCC-Kreeger: *Call Me Dancer* | Thursday, January 9

RSVP 12/26 \$15 Due \$ \_\_\_\_\_

Special Concert: Int'l Holocaust Remembrance Day | Mon, Jan 27, '25

RSVP 01/13 \$18 Due \$ \_\_\_\_\_

## Yes, I want to support CoA's great programs year-round!!

Donor's name will be listed in the CoA publication for gifts of \$100 or more.

Your contribution is tax-deductible to the extent allowed by law.

\$18 \$36 \$50 \$100 \$ \_\_\_\_\_

## Method of Payment

VISA MasterCard AmEx Discover Check - *Payable to Bender JCC*

Total Amount \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_



**Bender JC**  
of Greater Washington

6125 Montrose Road  
Rockville, MD 20852  
benderjccgw.org

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Permit No. 91

## **Thank you for supporting CoA with your generous donations**

Special recognition to Anita Kornbluth for her support.

### **IMPORTANT NOTE**

Please email us at [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org) if you no longer want to receive this booklet.

*\*The trees thank you!\**