



# NOVEMBER 18-30 INDOOR POOL HOURS

<b>MON</b>	5:30AM – 11AM 11AM-12PM 12PM – 4PM 4PM – 6PM 6PM – 7PM 7PM – 8PM 8PM – 9PM	6 lanes open <b>Suspension Class</b> double wide, 4 lanes open <b>PROACTION PT</b> 1 lane, 5 lanes open <b>SWIM LESSONS</b> double wide, 4 lanes open <b>SEA DEVILS</b> 4 lanes, 2 lanes open <b>SEA DEVILS</b> 3 lanes, 3 lanes open 6 lanes open
<b>TUE</b>	6AM – 11AM 11AM – 12PM 12PM – 4PM 4PM – 6PM 6PM – 8PM	6 lanes open <b>AQUA AEROBICS</b> quadruple wide, 2 lanes open 6 lanes open <b>FAMILY SWIM</b> triple wide, 3 lanes open <b>KSAC</b> 3 lanes, 3 lanes open
<b>WED</b>	6AM – 9AM 9AM – 10:30AM 10:30AM - 11AM 11AM – 2:30PM 2:30PM – 4PM 4PM – 6PM 6PM – 7PM 7PM – 8PM	6 lanes open <b>ECC</b> double wide, 4 lanes open <b>ECC</b> double wide, <b>PROACTION PT</b> 1 lane, 3 lanes open <b>PROACTION PT</b> 1 lane, 5 lanes open 6 lanes open <b>FAMILY SWIM</b> triple wide, 3 lanes open <b>SEA DEVILS</b> 4 lanes, 2 lanes open <b>SEA DEVILS</b> 3 lanes. 3 lanes open
<b>THU</b>	6AM – 11AM 11AM – 12PM 12PM – 4PM 4PM – 6PM 6PM – 8PM	6 lanes open <b>AQUA AEROBICS</b> quadruple wide, 2 lanes open <b>PROACTION PT</b> 1 lane, 5 lanes open <b>SWIM LESSONS</b> double wide, 4 lanes open <b>KSAC</b> 3 lanes, 3 lanes open
<b>FRI</b>	6AM – 10:30AM 10:30AM – 11AM 11AM – 12PM 12PM – 2:30PM 2:30PM – 4PM 4PM – 6PM 6PM – 7PM	6 lanes open <b>PROACTION PT</b> 1 lane, 5 lanes open <b>PROACTION PT</b> 1 lane, <b>AQUA AEROBICS</b> triple wide, 2 lanes open <b>PROACTION PT</b> 1 lane, 5 lanes open 6 lanes open <b>FAMILY SWIM</b> triple wide, 3 lanes open <b>SEA DEVILS</b> 4 lanes, 2 lanes open
<b>SAT</b>	7AM – 9:30AM 9:30AM – 10:30AM 10:30AM – 12:30PM 1PM – 2:30PM 2:30PM – 4PM 4PM – 5PM 5PM – 7PM	6 lanes open <b>FAMILY SWIM</b> triple wide, 3 lanes open <b>CLOSED FOR GUDELSKY SWIM PROGRAM</b> <b>SPORTS PLUS</b> 3lanes, 3 lanes open <b>SPORTS PLUS</b> 3 lanes, <b>FAMILY SWIM</b> 3 lanes <b>FAMILY SWIM</b> 3 lanes, 3 lanes open 6 lanes open
<b>SUN</b>	7AM – 9AM 9AM – 11AM 11AM – 12PM 12PM – 2PM 2PM – 3PM 3PM – 4PM 4PM – 8PM	6 lanes open <b>SWIM LESSONS</b> triple wide, 3 lanes open <b>CLOSED FOR LESSONS &amp; FAMILY SWIM</b> 6 lanes open <b>SWIM LESSONS</b> triple wide, 3 lanes open <b>FAMILY SWIM</b> triple wide, 3 lanes open 6 lanes open

"lanes open" - These lanes are open to all including lap swimmers, water joggers, private swim lessons.

