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**Your Place**  
at the



**Bender JCC**  
of Greater Washington



# Programs for Active Adults Around Town

**FEBRUARY – MARCH – APRIL 2025**

**Hosted by Coming of Age (CoA)**

**For more information, call or email:  
301.348.3832 | [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org)**



Partner Agency of  
**Jewish  
Federation**  
of Greater Washington

**jssa**

# A MESSAGE FROM CoA

**HAPPY & HEALTHY NEW YEAR!**

**HIGHLIGHTS THIS SPRING INCLUDE:**

**March 6: Coffeehouse: Tribute To Aretha Franklin  
(Rescheduled From Fall '24)**

**April 6: Theatre Excursion: In The Heights @ Signature  
Theatre**

**Questions? Call Frieda or Anna at 301.348.3832.**



*Frieda Enoch and  
Anna Sachs*

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## FOOD & FUN @ THE BENDER JCC



**COA Coffeehouse: Tribute to ARETHA FRANKLIN, the Queen of Soul  
Thursday, March 6 | 7:00 – 8:30 pm | \$40  
(Rescheduled from Fall, '24)**

**The food. The ambience. The camaraderie. THE MUSIC!**

R-E-S-P-E-C-T! With a legendary career spanning several generations, Franklin's expressive and powerful vocals propelled her to international stardom. Experience the soulful sounds of Karen Linette, a songstress extraordinaire, as she sings Aretha's iconic, beloved songs.

But first, let's eat:

Heavy hors d'oeuvres, desserts, and wine precede the concert.

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Register and learn more at [benderjccgw.org/CoA](https://benderjccgw.org/CoA)

## PASSPORT J



**Zoom Travel from the comfort of your home!**  
**Tuesdays, February 4, 11, 18, 25 | 2:00-3:00 PM**  
Each tour/\$15; \*Save by registering for all 4 tours/\$49.95

No passport needed! Pack your **virtual** bags and get ready for an adventure like no other! Each surprise live-stream tour will transport you to a new mystery destination every week, filled with captivating stories, stunning sights, and unexpected delights. Join us for this wonderful adventure - We'll be 'traveling' all over the world - Join us!

## WOMEN'S CONNECTION" IS BACK @ THE JCC!

### SIP & SHARE

**1st and 3rd Mondays | 1:00PM | FREE**  
6125 Montrose Road, Rockville, MD 20852

**Join us for a warm and welcoming get-together designed exclusively for women. An opportunity for connection, camaraderie, and thought-provoking conversations.**



Monday, February 3, 17, 2025 | 1:00 PM  
Monday, March 3, 17, 2025 | 1:00 PM  
Monday, April 7, 21, 2025 | 1:00 PM

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Register and learn more at [benderjccgw.org/CoA](http://benderjccgw.org/CoA)

**"OH, THE PLACES YOU'LL GO..."**



# **NEW YORK CITY, HERE WE COME!**

**Limited seats, going fast!  
Please call to register.**

## **2-DAY TRIP TO NEW YORK CITY!**

**Wednesday, March 19 - Thursday, March 20, 2025**

**\$1250/pp, double room; \$1450/Single Room**

**(Note: No refund, unless your 'seat' is sold.)**

**8:00 AM Pick-Up: Bender JCC**

**8:30 AM Pick-Up: Leisure World, Clubhouse 2**

## **HIGHLIGHTS INCLUDE:**

- Broadway Show: Death Becomes Her (Excellent Orchestra Seating)**
- Anne Frank Exhibit @ Center for Jewish History**
- Riu Times Square Hotel**
- St. Patrick's Cathedral**
- Morgan Library & Museum**
- Meals Included: Boxed Lunch, Dinner, Breakfast, Lunch & Treats**

**\*\*Please note that itinerary is subject to change\*\***

**\*\*Wear comfortable shoes. Moderate walking & standing involved\*\***

**“OH, THE PLACES YOU’LL GO...”**



**IN THE HEIGHTS @ SIGNATURE THEATRE**  
**Sunday, April 6 | 7:00 PM | \$140**  
**(includes orchestra seating and transportation)**

Transportation is provided with two pickup locations:

5:00 PM: Leisure World-Clubhouse II

5:30 PM: Bender JCC [6125 Montrose Road]

\*Please note: Eat @ home or bring food to eat on the bus. We will provide dessert.

In the Heights, the Tony Award-winning triumph by Lin-Manuel Miranda, is a breathtaking celebration of community and culture.

Lights up on Washington Heights, NYC where the streets are full of music, and everybody’s got a dream. With the neighborhood on the brink of gentrification, and a life-changing winning lottery ticket somewhere in their midst, the vibrant inhabitants share hope, loss and love as they plan their futures while cherishing their home.

“When this musical erupts in one of its expressions of collective joy, the energy it gives off could light up the George Washington Bridge for a year or two.”

– The New York Times

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Register and learn more at [benderjccgw.org/CoA](http://benderjccgw.org/CoA)

# COA POLICIES

- Please register at [www.benderjccgw.org/coa](http://www.benderjccgw.org/coa) or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Please note - programs may sell out before the RSVP date.
- No refunds will be given after the RSVP date.
- **IMPORTANT:** RSVP Dates do not apply for excursions. **No refunds** are available unless your spot can be filled.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org) or at 301-348-3832.

**\*\* If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for excursions\*\***

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

Leta Chen is a social worker from JSSA on the Coming of Age [CoA] team. She is experienced working with seniors and knows resources in our community. She is here to support our CoA members in staying healthy and living independently. If you wish to learn more about how Leta and JSSA can assist you, please join our events to meet her in person or reach out to her directly.



Leta Chen, LMSW  
Jewish Social Service Agency (JSSA)  
240-595-1558 or [Lchen@jssa.org](mailto:Lchen@jssa.org)

**jssa**  
JEWISH SOCIAL SERVICE AGENCY

**For questions or help with programs, please continue to contact Frieda or Lindsay at 301-348-3832.**

# REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address \_\_\_\_\_ Apt. # \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Phone # \_\_\_\_\_  
Email \_\_\_\_\_

Special Event: Coffeehouse | Tribute to Aretha Franklin | RSVP 02/20  
Thursday, March 6 | \$40 Due \$ \_\_\_\_\_

Passport J: ZOOM Travel | RSVP 01/21  
Tuesdays, 02/4, 02/11, 02/18, 02/25 \$15/tour; \$49.95/all 4 tours Due \$ \_\_\_\_\_

'Sip & Share' Women Connect  
Mondays: 02/3, 02/17; 03/3, 03/17; 04/7, 04/21 FREE

Excursion: NYC Overnight | No refunds  
Wednesday, March 19-20 | \$1250/Double/pp; \$1450/Single Due \$ \_\_\_\_\_

Excursion: In The Heights/Signature Theatre | No refunds  
Sunday, April 6 | \$140 Due \$ \_\_\_\_\_

\*No Refunds will be given after the RSVP date. No Refunds for Excursions unless we can fill your spot. See policies page for details.\*

Total Amount Due \$ \_\_\_\_\_

## Yes, I want to support CoA's great programs year-round!!

Donor's name will be listed in the CoA publication for gifts of \$100 or more.  
Your contribution is tax-deductible to the extent allowed by law.

\$18  \$36  \$50  \$100  \$ \_\_\_\_\_

## Method of Payment

\*A 3% fee will be added to all credit card transactions\*

VISA  MasterCard  AmEx  Discover  Check - Payable to Bender JCC

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_



**Bender JCC**  
of Greater Washington

6125 Montrose Road  
Rockville, MD 20852  
benderjccgw.org

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### **IMPORTANT NOTE**

Please email us at: [fenocho@benderjccgw.org](mailto:fenocho@benderjccgw.org) if you no longer want to receive this booklet.

\*The trees thank you!!\*

\*\*Our Winter Weather Policy: We follow MCPS guidelines. If schools are closed, CoA programs are closed. If there's a morning delay, we hold afternoon programs. If there's early dismissal, our programs are canceled.\*\*

Thank you for your understanding!