

Find
Your Place
at the



Bender JCC
of Greater Washington



Programs for Active Adults Around Town

MAY - JUNE 2025

Hosted by Coming of Age (CoA)

**For more information, call or email:
301.348.3832 | fenoch@benderjccgw.org**



Partner Agency of
Jewish Federation
of Greater Washington

jssa

A MESSAGE FROM CoA

HIGHLIGHTS THIS SPRING INCLUDE:

May 15: Coffeehouse: Tribute To Cole Porter

June 19: CINEMA J: Bad Shabbos (In high demand)

June 25: The People's House: A White House Experience

Questions? Contact Frieda at 301.348.3832 or
fenocho@benderjccgw.org.



*Frieda Enoch and
Anna Sachs*



ISRAEL AT 77

Rising Together

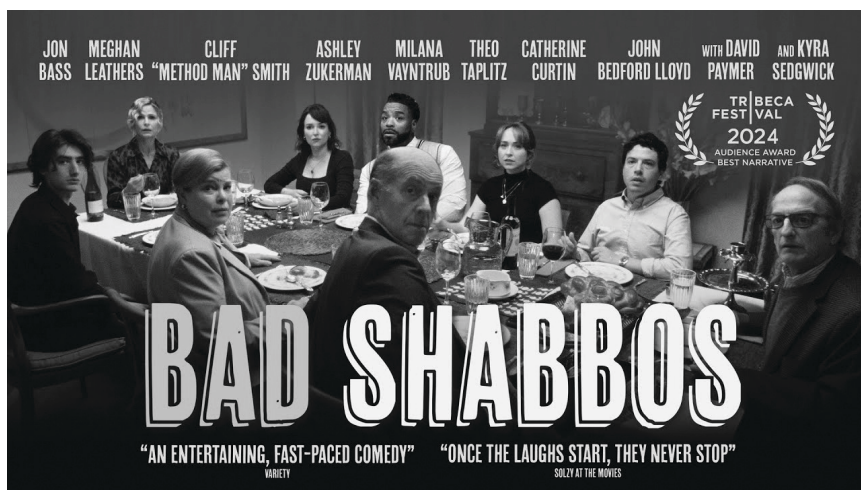
CELEBRATING ISRAEL'S INDEPENDENCE



Mark Your Calendars!
MAY 4 | 10:00 AM - 1:00 PM

Register and learn more at benderjccgw.org/israel77

CINEMA J



WINNER, Top Audience Award – 2024 Tribeca Film Festival

**2024 | Dark Comedy | 84 minutes | English | \$15 | Kreeger Auditorium
Bender JCC, 6125 Montrose Road, Rockville, MD 20852**

Film Screening: 7:00 PM; Doors open: 6:30 PM

Bad Shabbos, this wickedly funny, highly entertaining, one-night-in-New-York story turns a Shabbat family dinner into a chaotic whirlwind. The son and his non-Jewish fiancé are about to have their parents meet each other when an accidental death gets in the way and threatens to unravel the whole evening.

Kyra Sedgwick leads an outstanding ensemble cast in this fast paced, surprisingly profound film, finding humor in unexpected places. The film's true strength, however, is that no matter what your religion or how you practice it, you can appreciate its message: family matters!

TWO SCREENINGS:

Cinema J Matinee

Thursday, June 19 | 1:30-3:15 PM | \$10 in advance/\$12 at the door
Leisure World Clubhouse II (Non-residents are welcome)
3300 N. Leisure World Blvd., Silver Spring

Cinema J @ The Kreeger Auditorium

Thursday, June 19 | 7:00–9:00 PM | \$15 | Bender JCC – 6125 Montrose Rd., Rockville

Register and learn more at benderjccgw.org/CoA

COZY COFFEEHOUSE CONCERT



Let's Misbehave: The Songs of Cole Porter
Thursday, May 15 | 7:00 – 8:30 pm | \$40
Location: The Bender JCC

The food. The ambience. The camaraderie. THE MUSIC!

Jazzy songstress, Renee Tannenbaum presents a glorious tribute to one of the great American songwriters of the early 20th century, Cole Porter. His sophisticated, sexy, and timeless songs are iconic: "Night and Day," "I've Got You Under My Skin," "You're the Top," and so many more.

Singing jazz standards in four languages, Renee has performed at D.C.'s best venues, including the legendary Blues Alley, Mr. Henry's, the National Press Club, as well as at the Smithsonian American Art Museum and the National Gallery of Art's Jazz in the Garden concert series.

But first, let's eat:

Heavy hors d'oeuvres, desserts, and wine precede the concert.

Join us for an enchanting and 'delicious' evening!

“OH, THE PLACES YOU’LL GO...”



THE PEOPLE’S HOUSE: A WHITE HOUSE EXPERIENCE
IMMERSIVE · ENGAGING · FUN

Wednesday, June 25 | 11:00 AM – 1:30 PM | \$65
Limited Tickets. Please call to register.

Transportation is provided with two pickup locations:

9:30 AM: Leisure World-Clubhouse II [3300 N. Leisure World Blvd.]

10:00 AM: Bender JCC [6125 Montrose Road]

**Please note: Please bring food to eat on the bus. We will provide dessert.*

Created by the White House Historical Association, ‘The People’s House’ is a new cutting-edge educational experience located in Washington, D.C. The educational museum tells the story of the Executive Mansion, its inhabitants and the people who have dedicated their careers to its functions. The space opened on September 23, 2024.

Situated on 1700 Pennsylvania Avenue NW, it features exhibits and galleries bringing the White House and its storied history to life. Visitors can interact with a large-scale White House model, recreation of the Rose Garden, full-scale replica of the Oval Office, re-creation of White House moments and more dimensional galleries combining immersive media and inventive scenic representations.

Register and learn more at benderjccgw.org/CoA



14TH ANNUAL "TO LIFE"

Commitment
Wellness
Exercise
Spirituality
Healthy
Aware
Lifestyle
Learn
Physical
Involved
Vegetables
Relaxation
Vitality
Walking
Persistence

Thursday, June 12, 2025 | 10:00 AM – 2:00 PM
Leisure World, Clubhouse I
3700 Rossmoor Boulevard | Silver Spring, MD 20906

*Co-sponsored by The Jewish Residents of Leisure World
and presented by Coming of Age in Maryland

Highlights

FREE Admission • FREE Bags • FREE 'Goodies'

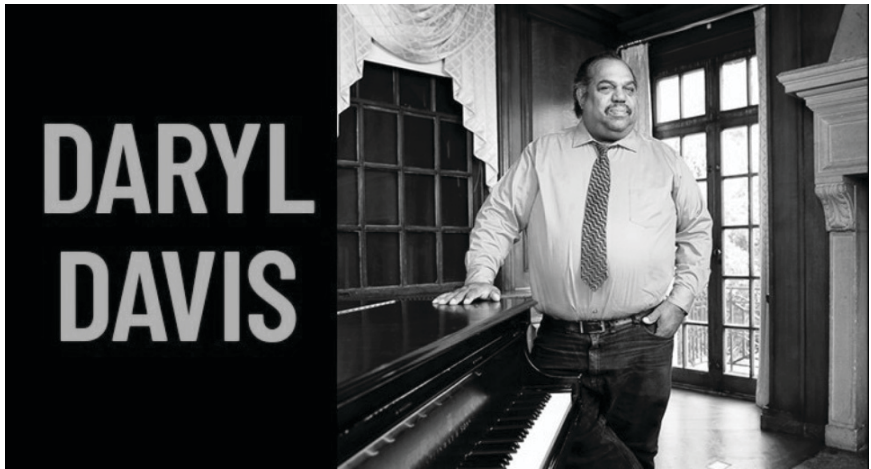
- **EXHIBITOR HALL: 10:00 AM - 2:00 PM**
- Health Screenings (END at 2:00PM)
- Vaccines: Covid19 and other boosters
- Interactive Workshops
- 'Capture a Memory' with a picture of YOU and friends
- "Head to Toe" Massages
- Social and Community organizations
- Grand Finale Show (Pre-Purchased tickets required) \$18

Fantastic Raffle Prizes!

Grand Prize: Apple iPad

Restaurants • Hair and Nail Salons • Gift Baskets • Gift Cards
Boutiques • Bus Trips to NYC & So Much More!

HEALTH & WELLNESS EXPO



Grand Finale Show:

The Daryl Davis 5-piece Band

3:00 PM – 4:00 PM | \$15 in advance / \$18 at the door

Leisure World Clubhouse II

(3300 N. Leisure World Blvd., Silver Spring)

Cap off your day of wellness with a trip down musical memory lane. The DARYL DAVIS BAND presents 60's & 70's classics. Timeless tunes, sprinkling joy and nostalgia into our lives, enhancing wellness with every iconic chord and infectious melody.

We know him and love him, pianist extraordinaire, Daryl Davis is in the house!

Join us - You'll be singing & dancing along!

FOOD & FUN @ THE BENDER JCC



SIP & SHARE : WOMEN CONNECT

1st and 3rd Mondays | 1:00 PM | *FREE*
6125 Montrose Road, Rockville, MD 20852

The Women Connect club is back at the J for bi-monthly gatherings on the 1st and 3rd Mondays of the month. Join us for a hot beverage, a little something for your sweet-tooth and an engaging conversation!

A warm and welcoming get-together designed exclusively for women seeking connection, camaraderie, and stimulating conversations. Each session provides an opportunity to explore a variety of topics, from life experiences and current events to hobbies, travel, and more. Share your stories, listen to others, and engage in thought-provoking discussions.

Monday, May 5, 19, 2025 | 1:00 PM
Monday, June 9, 2025 | 1:00 PM

MUSIC & GAMES & ART & MORE...

MT. VERNON VIRTUOSI FAMILY CONCERT

May 25 | 11:00 AM-12:00 PM | *FREE*

2024-2025 POLINGER ARTISTS OF EXCELLENCE CONCERT SERIES

Alon Goldstein

June 8 | 7:00 PM | \$50/Ticket

BEGINNER MAH JONGG

Monday | May 5 - June 2 | 10:00 AM-12:00 PM

\$110 members | \$120/public

LIFETIME OF PERSPECTIVE ART SHOW

May 5-28

JEWISH WAR VETERANS MEMORIAL DAY PROGRAM

May 25 - 2:00-3:00 PM | No registration necessary

LESSANS FAMILY LITERARY SERIES PRESENTS: THE TRADE OFF BY SAMANTHA GREENE WOODRUFF

May 13 | 2:00 PM | \$18

Registration Coming Soon

Questions: Contact Marcie at mblackman@benderjccgw.org or 301.348-3808.

COA POLICIES

- Please register at www.benderjccgw.org/coa or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Please note - programs may sell out before the RSVP date.
- No refunds will be given after the RSVP date.
- **IMPORTANT:** RSVP Dates do not apply for excursions. **No refunds** are available unless your spot can be filled.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: fenoeh@benderjccgw.org or at 301-348-3832.

**** If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for excursions****

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

Leta Chen is a social worker from JSSA on the Coming of Age [CoA] team. She is experienced working with seniors and knows resources in our community. She is here to support our CoA members in staying healthy and living independently. If you wish to learn more about how Leta and JSSA can assist you, please join our events to meet her in person or reach out to her directly.



Leta Chen, LMSW
Jewish Social Service Agency (JSSA)
240-595-1558 or Lchen@jssa.org



For questions or help with programs, please continue to contact Frieda or Anna at 301-348-3832.

REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

Name _____ Date of Birth ____/____/____
Address _____ Apt. # _____
City _____ State _____ Zip Code _____
Phone # _____
Email _____

'Sip & Share' Women Connect
Mondays: 05/5, 19; 06/9

FREE
Registration Requested

Cozy Coffeehouse Concert
Thursday, May 15 | \$40

RSVP 04/15

Due \$ _____

Health & Wellness EXPO Grand Finale: Daryl Davis Band
Thursday, June 12 | \$15

RSVP 06/12

Due \$ _____

Cinema J Matinee @Leisure World: Bad Shabbos
Thursday, June 19 | \$10 in advance/ \$12 day of

RSVP 5/19

Due \$ _____

Cinema J: Bender JCC-Kreeger: Bad Shabbos
Thursday, June 19 | \$15 | 7:00pm

RSVP 5/19

Due \$ _____

Excursion: People's House
Wednesday, June 25 | \$65

No refunds

Due \$ _____

No Refunds will be given after the RSVP date. No Refunds for Excursions unless we can fill your spot. See policies page for details.

Total Amount Due \$ _____

Yes, I want to support CoA's great programs year-round!!

Donor's name will be listed in the CoA publication for gifts of \$100 or more.
Your contribution is tax-deductible to the extent allowed by law.

\$18 \$36 \$50 \$100 \$ _____

Method of Payment

A 3% fee will be added to all credit card transactions

VISA MasterCard AmEx Discover Check - Payable to Bender JCC

Credit Card # _____ Exp. Date: _____



Bender JCC
of Greater Washington

6125 Montrose Road
Rockville, MD 20852
benderjccgw.org

Non-Profit Org.
U.S. Postage
PAID
Suburban MD
Permit No. 91

IMPORTANT NOTE

Please email us at: fenocho@
benderjccgw.org if you no longer
want to receive this booklet.

The trees thank you!!



HEALTH & WELLNESS EXPO • June 12

10:00 AM – 2:00 PM

* FUN & FREE COMMUNITY EVENT *

* ALL ARE WELCOME *

LEISURE WORLD-CLUBHOUSE I

JOIN US!